

Tri Metro Championships Boys Macalester College May 12, 2015

TEAM SCORES

1	StCroix Lutheran	195.5
2	Fridley	138.0
3	Columbia Heights	112.3
4	Academy of HolyAngels	100.3
5	Concordia Academy	68.5
6	DeLaSalle	43.0
7	Brooklyn Center	18.3
8	StAgnes	3.0

100 Meter Dash

Round 1, Heat 1

1	Daireus Mock, 12, Columbia Heights	11.42Q
2	Billy Hart, 12, DeLaSalle	12.02q
3	Yusei Matsutomo, 11, StCroix Lutheran	12.11
4	Connor Moriarty, 12, Academy of HolyAngels	12.13
5	ben Zay Zay, 9, Fridley	12.50
6	Casey Hackett, 9, Concordia Academy	12.60
7	Malik Johnson, 12, StAgnes	12.98

Round 1, Heat 2

1	Anthony Ekholm, 12, Academy of HolyAngels	11.44Q
2	Neil Opare-Addo, 11, Fridley	11.84q
3	David Dixon, 12, Columbia Heights	11.88q
4	T J. McBryde, 11, StCroix Lutheran	12.31
5	Seamus Hartranft, 12, StAgnes	12.65
	Christian Kardio, 11, DeLaSalle	DNC

Round 1, Heat 3

1	Leon Deshield, 10, Fridley	11.47Q
2	Michael Hunter, 12, Academy of HolyAngels	11.69q
3	Josh Arndt, 12, StCroix Lutheran	11.79q
4	Justin Bennett, 10, StAgnes	12.07q
5	Isaac Hernandez, 12, Concordia Academy	12.28
6	Tri Trinh, 12, Columbia Heights	12.46

Final

1	Anthony Ekholm, 12, Academy of HolyAngels	11.22
2	Daireus Mock, 12, Columbia Heights	11.32
3	Leon Deshield, 10, Fridley	11.60
4	Michael Hunter, 12, Academy of HolyAngels	11.73
5	Billy Hart, 12, DeLaSalle	11.79
6	Neil Opare-Addo, 11, Fridley	11.813
7	Josh Arndt, 12, StCroix Lutheran	11.820
8	David Dixon, 12, Columbia Heights	11.98
9	Justin Bennett, 10, StAgnes	12.30

200 Meter Dash

Round 1, Heat 1

1	Anthony Ekholm, 12, Academy of HolyAngels	23.25Q
2	Aaron Swanson, 12, StCroix Lutheran	24.31q
3	ben Zay Zay, 9, Fridley	24.63q
4	Saleh Mohammed, 12, Columbia Heights	24.83
5	Xavier Roberts, 9, DeLaSalle	25.74
6	Seamus Hartranft, 12, StAgnes	26.07
7	Josh Carlson, 10, Concordia Academy	27.74

Round 1, Heat 2

1	Michael Hunter, 12, Academy of HolyAngels	23.72Q
2	Jarrett Baptiste, 11, Columbia Heights	23.76q
3	Josh Arndt, 12, StCroix Lutheran	24.28q
4	Justin Bennett, 10, StAgnes	24.58q
5	Ben Vallin, 12, Concordia Academy	25.16
6	Liam Skulley, 11, StAgnes	26.72

Round 1, Heat 3

1	Travis Williams, 12, Fridley	24.06Q
2	Jordan Miller, 11, StCroix Lutheran	24.61q
3	Connor Moriarty, 12, Academy of HolyAngels	24.66
4	marcus paul, 9, Fridley	25.06
5	Alex Moldenhauer, 10, Concordia Academy	26.15

6	Matt Bornetun, 10, Columbia Heights	26.36
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Final

1	Anthony Ekholm, 12, Academy of HolyAngels	22.84
2	Jarrett Baptiste, 11, Columbia Heights	23.50
3	Travis Williams, 12, Fridley	23.72
4	Michael Hunter, 12, Academy of HolyAngels	23.74
5	Josh Arndt, 12, StCroix Lutheran	24.20
6	Aaron Swanson, 12, StCroix Lutheran	24.35
7	Jordan Miller, 11, StCroix Lutheran	24.51
8	Justin Bennett, 10, StAgnes	24.58
9	ben Zay Zay, 9, Fridley	24.88

400 Meter Dash

1	Yusei Matsutomo, 11, StCroix Lutheran	52.23 H3
2	Sam Hoyt, 11, DeLaSalle	52.32 H3
3	Tommy O'Brien, 12, Academy of HolyAngels	53.85 H3
4	Jeffrey Damas, 10, Fridley	54.42 H3
5	Jason Rupprecht, 11, StCroix Lutheran	54.56 H3
6	Dayton Lindsay, 11, Fridley	55.07 H3
7	Daniel Petermann, 12, StCroix Lutheran	55.17 H3
8	Matthew Boll, 11, Concordia Academy	56.75 H2
9	Sylvester Nwosuji, 12, Columbia Heights	57.04 H2
10	Mitchell Cooke, 9, Concordia Academy	57.43 H1
11	sharmake nur, 9, Fridley	57.48 H2
12	Charlie Plunkett, 12, Academy of HolyAngels	57.84 H3
13	Liam Skulley, 11, StAgnes	58.41 H2
14	Brandon Plasch, 10, StAgnes	58.50 H1
15	Carter Arce-Smith, 11, DeLaSalle	59.54 H3
16	Adil Mubarak, 10, Columbia Heights	62.83 H1
17	Matt Nordby, 9, Concordia Academy	70.15 H1
18	Adam Thooft, 9, StAgnes	74.08 H1
	Peter Thompson, 10, Academy of HolyAngels	DNC H2

800 Meter Run

1	Jeremy Leonard, 11, StCroix Lutheran	2:09.01 H2
2	Robert Cook, 12, Brooklyn Center	2:10.94 H2
3	Abdelraham Ahmed, 10, Fridley	2:11.06 H2
4	Alex Gillard, 9, Academy of HolyAngels	2:12.13 H2
5	Jacob Ney, 11, DeLaSalle	2:12.54 H2
6	James Chernohorsky, 9, StCroix Lutheran	2:13.64 H2
7	Paul Junker, 9, StCroix Lutheran	2:14.48 H2
8	mike crandal, 9, Fridley	2:14.53 H2
9	Thomas Madison, 12, Concordia Academy	2:18.64 H2
10	Daniel Villa Penaloza, 11, Columbia Heights	2:18.98 H1
11	Reed Chesmer, 12, Brooklyn Center	2:20.36 H1
12	Keon Lewis, 9, Columbia Heights	2:21.66 H1
13	Brandon Plasch, 10, StAgnes	2:24.05 H1
14	Brendan Ballard, 11, Academy of HolyAngels	2:29.06 H2
15	Brennan Bauer, 9, Academy of HolyAngels	2:30.80 H1
16	Mo Nur, 9, Fridley	2:30.84 H1
17	Tim Peterson, 10, Concordia Academy	2:33.75 H1
18	Alex Tramm, 9, Concordia Academy	2:35.06 H1
19	Michael Avecillas, 11, Columbia Heights	2:35.59 H1
20	Adam Thooft, 9, StAgnes	2:53.73 H1
	Stephen Grau-Kubista, 11, StAgnes	DNC H1

1600 Meter Run

1	Jeremy Leonard, 11, StCroix Lutheran	4:40.46 H2
2	Guy Hanson, 11, Concordia Academy	4:42.43 H2
3	Robert Cook, 12, Brooklyn Center	4:52.84 H2
4	Ellias Ahmed, 12, Columbia Heights	5:03.03 H2
5	Thomas Madison, 12, Concordia Academy	5:03.50 H2
6	Tommy McCoy, 10, Academy of HolyAngels	5:05.27 H2
7	Nathan Birr, 11, StCroix Lutheran	5:06.73 H2
8	Nick Oelschlager, 10, Concordia Academy	5:07.40 H2
9	Armando Villegas, 11, Columbia Heights	5:11.19 H2

10 Reed Chesmer, 12, Brooklyn Center	5:12.62	H1
11 Jacob Hofstad, 11, Fridley	5:14.46	H2
12 Ryohta Tanimoto, 9, StCroix Lutheran	5:14.48	H2
13 Yusuf Ahmed, 10, Columbia Heights	5:32.39	H1
14 Jake Alafed, 9, Fridley	5:34.59	H1
15 Brennan Bauer, 9, Academy of HolyAngels	5:34.69	H1
16 Nick Small, 9, Fridley	5:50.40	H1
17 Matthew Connelly, 9, StAgnes	5:56.16	H1
18 Anton Houle, 12, DeLaSalle	6:05.89	H1
19 Hector Lopez-Cruz, 9, Academy of HolyAngels	6:24.98	H1
Stephen Grau-Kubista, 11, StAgnes	DNC	H2

3200 Meter Run

1 Nathan Birr, 11, StCroix Lutheran	11:31.20
2 Zach Fahrenndorff, 10, StCroix Lutheran	11:32.34
3 Jose Sanchez, 10, Columbia Heights	11:34.06
4 Jacob Hofstad, 11, Fridley	11:53.74
5 Juan Fraire, 8, Brooklyn Center	12:28.58
6 Christian Hounder, 9, StCroix Lutheran	12:30.41
7 Mohammed Alubaidi, 10, Fridley	12:31.43
8 Sergio Diaz, 9, Fridley	15:07.50

110 Meter Hurdles

Round 1, Heat 1

1 Jon Tollefson, 12, StCroix Lutheran	16.10Q
2 Angel Bautista, 10, Fridley	17.27Q
3 Isaac Krieger, 12, StCroix Lutheran	17.96q
4 Troy Burgin, 12, Academy of HolyAngels	18.81q
5 Karl Vallin, 10, Concordia Academy	19.41q
6 Sylvester Nwosuji, 12, Columbia Heights	19.57
7 Jonathan Boll, 9, Concordia Academy	19.93
8 Mike Hunter, 10, Academy of HolyAngels	20.06

Round 1, Heat 2

1 Basil Muhammad, 12, Columbia Heights	16.06Q
2 Ayinde Abanu, 11, DeLaSalle	16.21Q
3 Dylan Glumac, 11, Fridley	17.70q
4 Brady Thompson, 9, DeLaSalle	18.87q
5 Joe Lam, 12, Academy of HolyAngels	19.57
6 Nick Yanta, 12, StCroix Lutheran	19.74
7 Michael Bauer, 12, Fridley	20.76

Final

1 Jon Tollefson, 12, StCroix Lutheran	14.36
2 Basil Muhammad, 12, Columbia Heights	15.59
3 Ayinde Abanu, 11, DeLaSalle	15.60
4 Angel Bautista, 10, Fridley	16.93
5 Dylan Glumac, 11, Fridley	17.21
6 Isaac Krieger, 12, StCroix Lutheran	18.31
7 Brady Thompson, 9, DeLaSalle	18.58
8 Karl Vallin, 10, Concordia Academy	19.01
9 Troy Burgin, 12, Academy of HolyAngels	19.74

300 Meter Hurdles

1 Jon Tollefson, 12, StCroix Lutheran	40.21	H2
2 Basil Muhammad, 12, Columbia Heights	42.13	H2
3 Angel Bautista, 10, Fridley	43.47	H2
4 Ayinde Abanu, 11, DeLaSalle	43.89	H2
5 Dylan Glumac, 11, Fridley	44.50	H2
6 Jonathan Arzaola, 10, Fridley	45.34	H2
7 Nick Yanta, 12, StCroix Lutheran	45.912	H1
8 Isaac Krieger, 12, StCroix Lutheran	45.921	H2
9 Joe Lam, 12, Academy of HolyAngels	47.02	H1
10 Brady Thompson, 9, DeLaSalle	47.04	H1
11 Karl Vallin, 10, Concordia Academy	52.02	H1
Jonathan Boll, 9, Concordia Academy	DNC	H1
Troy Burgin, 12, Academy of HolyAngels	DNC	H2

4x100 Meter Relay

1 Columbia Heights	43.47
2 Fridley	45.04

3 StCroix Lutheran	45.09
4 Concordia Academy	46.82
5 DeLaSalle	47.36
6 Academy of HolyAngels	48.43
7 StAgnes	49.40

800 Meter Relay

1 Academy of HolyAngels	1:32.01
2 Columbia Heights	1:33.49
3 DeLaSalle	1:34.26
4 StCroix Lutheran	1:34.49
5 Fridley	1:36.72
Concordia Academy	DQ

4x400 Meter Relay

1 StCroix Lutheran	3:41.26
2 Fridley	3:42.48
3 Academy of HolyAngels	3:46.16
4 Columbia Heights	3:52.71
Concordia Academy	DNC

4x800 Meter Relay

1 Academy of HolyAngels	8:45.30
2 Fridley	8:51.86
3 StCroix Lutheran	8:59.09
4 Columbia Heights	9:16.88
5 Concordia Academy	10:07.48
StAgnes	DNC

Long Jump

Round 1, Flight 1

1 Cooper Wood, 10, Concordia Academy	17-3 1/2q
2 Xavier Roberts, 9, DeLaSalle	16-6 3/4q
3 Garrett Maag, 9, StCroix Lutheran	16-6 1/4
4 Colton Prigge, 9, StCroix Lutheran	16-4 1/2
5 Demo Murdakes, 10, Academy of HolyAngels	16-2 1/4
6 Casey Hackett, 9, Concordia Academy	16-0
7 Josh Carlson, 10, Concordia Academy	15-9 1/2
8 Brandon Plasch, 10, StAgnes	15-2 1/2
Tri Trinh, 12, Columbia Heights	ND
Malik Armstrong, 9, Fridley	ND

Round 1, Flight 2

1 Leon Deshield, 10, Fridley	20-9 3/4q
2 Basil Muhammad, 12, Columbia Heights	20-0 3/4q
3 Josh Arndt, 12, StCroix Lutheran	19-9 1/2q
4 Connor Moriarty, 12, Academy of HolyAngels	18-10 3/4q
5 Rodney Jones, 11, Columbia Heights	18-3 1/2q
6 Carter Arce-Smith, 11, DeLaSalle	18-0 1/2q
7 Markus Puckett, 11, DeLaSalle	17-0 1/2q
8 Justin Bennett, 10, StAgnes	16-4 1/4

Final

1 Leon Deshield, 10, Fridley	21-2
2 Connor Moriarty, 12, Academy of HolyAngels	20-4 1/2
3 Basil Muhammad, 12, Columbia Heights	20-0 3/4
4 Josh Arndt, 12, StCroix Lutheran	19-11 1/4
5 Cooper Wood, 10, Concordia Academy	18-4 1/4
6 Rodney Jones, 11, Columbia Heights	18-3 1/2
7 Markus Puckett, 11, DeLaSalle	18-1 1/4
8 Carter Arce-Smith, 11, DeLaSalle	18-0 1/2
9 Xavier Roberts, 9, DeLaSalle	16-6 3/4

Triple Jump

Round 1, Flight 1

1 Luke Mulapas, 12, Academy of HolyAngels	36-5 1/2q
2 Josh Carlson, 10, Concordia Academy	34-8q
3 Michael Bauer, 12, Fridley	34-8q
4 Ismail Ugas, 12, Columbia Heights	34-5 1/2
5 Alex Moldenhauer, 10, Concordia Academy	34-0 1/4
6 Demo Murdakes, 10, Academy of HolyAngels	32-8 3/4

Round 1, Flight 2

1 Jacob Buller, 12, StCroix Lutheran	41-5 1/4q
2 Rodney Jones, 11, Columbia Heights	40-0q
3 angel bautista, 10, Fridley	39-4 3/4q
4 Cooper Wood, 10, Concordia Academy	38-9 3/4q
5 Dan Voxland, 10, Academy of HolyAngels	37-11 3/4q
6 Garrett Maag, 9, StCroix Lutheran	37-8 1/4q
7 Jason Rupprecht, 11, StCroix Lutheran	37-4 1/2q

Final

1 Jacob Buller, 12, StCroix Lutheran	41-5 1/4
2 Cooper Wood, 10, Concordia Academy	40-8
3 Rodney Jones, 11, Columbia Heights	40-0
4 angel bautista, 10, Fridley	39-4 3/4
5 Dan Voxland, 10, Academy of HolyAngels	37-11 3/4
6 Garrett Maag, 9, StCroix Lutheran	37-8 1/4
7 Jason Rupprecht, 11, StCroix Lutheran	37-4 1/2
8 Luke Mulapas, 12, Academy of HolyAngels	36-5 1/2
9 Michael Bauer, 12, Fridley	36-5 1/4
10 Josh Carlson, 10, Concordia Academy	35-5

Shot Put

Round 1, Flight 1

1 John Kipper, 11, Academy of HolyAngels	34-11 3/4
2 Erik Nygren, 11, Academy of HolyAngels	29-3
3 Brian Gonzalez Melgar, 9, Columbia Heights	29-1
4 Lucas Lahlum, 9, StAgnes	21-7 1/4

Round 1, Flight 2

1 Brady Netland, 12, Columbia Heights	37-10 3/4q
2 Hillary Thomas, 12, DeLaSalle	34-3 1/4
3 marcus may, 9, Fridley	33-8
4 Frances Samuel, 12, DeLaSalle	33-0
5 Miguel Leiva, 10, Fridley	32-10 1/2
6 Albert Samuel, 12, DeLaSalle	31-1 3/4
7 Malik Johnson, 12, StAgnes	30-9

Round 1, Flight 3

1 David Dixon, 12, Columbia Heights	47-11q
2 Brandon Larson, 12, Concordia Academy	46-0 1/2q
3 Randy Gehl, 12, StCroix Lutheran	43-3q
4 Johnl Jones, 12, Fridley	41-3 1/4q
5 Nick Johnston, 12, Concordia Academy	40-5q
6 Sasha Bornschlegl, 11, StCroix Lutheran	39-5 3/4q
7 Alec Cline, 11, StCroix Lutheran	38-3 1/2q
8 Isaac Hernandez, 12, Concordia Academy	37-5q

Final

1 Brandon Larson, 12, Concordia Academy	49-2
2 David Dixon, 12, Columbia Heights	48-5
3 Sasha Bornschlegl, 11, StCroix Lutheran	43-9 3/4
4 Randy Gehl, 12, StCroix Lutheran	43-9 1/4
5 Nick Johnston, 12, Concordia Academy	41-3 1/2
6 Johnl Jones, 12, Fridley	41-3 1/4
7 Alec Cline, 11, StCroix Lutheran	38-3 1/2
8 Brady Netland, 12, Columbia Heights	37-10 3/4
9 Isaac Hernandez, 12, Concordia Academy	37-5

Discus Throw

Round 1, Flight 1

1 Ismail Ugas, 12, Columbia Heights	92-11
2 Malik Johnson, 12, StAgnes	88-7
3 Gerome Hamilton, 9, Academy of HolyAngels	81-4
4 Hillary Thomas, 12, DeLaSalle	79-6
5 Lucas Lahlum, 9, StAgnes	69-7
6 Erik Nygren, 11, Academy of HolyAngels	65-9

Round 1, Flight 2

1 Frances Samuel, 12, DeLaSalle	101-11q
2 Theodore Caruthers, 12, Fridley	99-4q
3 Randy Gehl, 12, StCroix Lutheran	95-8q
4 Alec Cline, 11, StCroix Lutheran	95-2
5 Jaquell Larson, 9, Fridley	87-10
6 John Kipper, 11, Academy of HolyAngels	86-6

7 Brady Netland, 12, Columbia Heights	80-5
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Round 1, Flight 3

1 Sasha Bornschlegl, 11, StCroix Lutheran	127-6q
2 David Dixon, 12, Columbia Heights	117-6q
3 Isaac Hernandez, 12, Concordia Academy	116-10q
4 Nick Johnston, 12, Concordia Academy	114-7q
5 Brandon Larson, 12, Concordia Academy	112-11q
6 Johnl Jones, 12, Fridley	105-10q
Albert Samuel, 12, DeLaSalle	ND

Final

1 David Dixon, 12, Columbia Heights	137-9
2 Sasha Bornschlegl, 11, StCroix Lutheran	127-6
3 Isaac Hernandez, 12, Concordia Academy	123-0
4 Johnl Jones, 12, Fridley	117-2
5 Nick Johnston, 12, Concordia Academy	114-7
6 Brandon Larson, 12, Concordia Academy	113-8
7 Theodore Caruthers, 12, Fridley	106-8
8 Frances Samuel, 12, DeLaSalle	101-11
9 Randy Gehl, 12, StCroix Lutheran	96-0

High Jump

1 Luke Mulapas, 12, Academy of HolyAngels	6-2
2 Jacob Buller, 12, StCroix Lutheran	6-2
3 Jarrett Baptiste, 11, Columbia Heights	5-10
4 Neil Opare-Addo, 11, Fridley	5-8
5 malik armstrong, 9, Fridley	5-8
6 Michael Hunter, 12, Academy of HolyAngels	5-4
6 Collin Hoskins, 10, StCroix Lutheran	5-4
8 Reed Chesmer, 12, Brooklyn Center	5-4
8 Daireus Mock, 12, Columbia Heights	5-4
8 Dan Voxland, 10, Academy of HolyAngels	5-4
11 Ismail Ugas, 12, Columbia Heights	5-4
Brett Goplen, 10, StCroix Lutheran	NH
Ben Vallin, 12, Concordia Academy	NH
Josh Carlson, 10, Concordia Academy	NH
Charlie Tastad, 10, Concordia Academy	NH

Pole Vault

1 Dylan Glumac, 11, Fridley	12-6
2 Jacob Buller, 12, StCroix Lutheran	12-0
3 Dan Yocum, 11, Fridley	11-6
4 Ben Johnson, 12, StCroix Lutheran	10-0
5 Matthew Boll, 11, Concordia Academy	9-6
6 Caleb Raasch, 11, StCroix Lutheran	9-0
7 Jonathan Boll, 9, Concordia Academy	8-6
7 Tj Demuse, 9, Academy of HolyAngels	8-6
9 Kyle Solis, 11, Fridley	8-0
Alex Gillard, 9, Academy of HolyAngels	NH